

### Resources

**LEARNING AND  
EDUCATION PLATFORM**

### Animation

For more guidance on how to use Fetal Pillow please visit:  
[safeob.com/animation](http://safeob.com/animation)

**PLAY**

### Online Training

To use the 15-minute online training tool visit:  
[training.safeob.com](http://training.safeob.com)

**REGISTER**

### Download the App



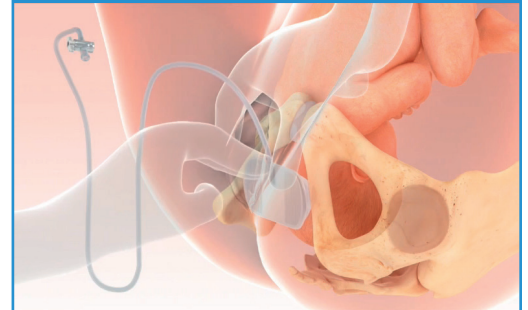
Scan the QR code using your mobile device

#### 1. Insertion



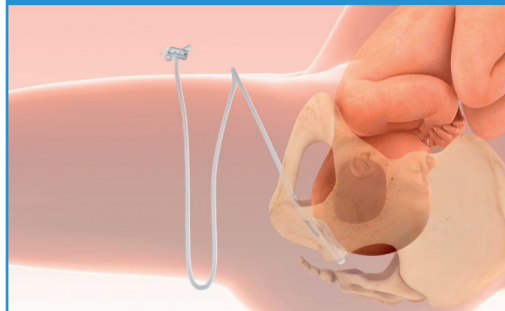
Fold the baseplate along the short axis ensuring balloon is on the inside.  
Tube attachment must be at superior end (pointing upwards)  
Insert into the vagina

#### 2. Placement



Ensure balloon surface is in contact with the fetal head  
Push device posteriorly, towards the coccyx  
Placement is similar to a posterior Ventouse / vacuum cup

#### 3. Legs Flat



Place patients legs flat on the table before inflation

#### 4. Inflation



Use the syringe to inflate using 180ml of sterile saline  
Close tap after filling to prevent fluid from leaking

#### 5. Deliver baby

Perform Caesarean section using standard technique

#### 6. Deflation & removal

Once baby has been delivered open the tap to drain the fluid  
Remove the device at the end of the procedure