

			AT-X TRIAL BRACE		
			ASSESSMENT TOOL XTERN		
			ADJUSTABLE TRIAL BRACE (AFO)		
Men	Women	XTERN AFO & AT-X SIZE SELECTION	AT-X LARGE MEDIUM	AT-X SMALL	AT-X PEDI
Shoe Size	Shoe Size	SIZE	AT-X FRONT LENGTH ADJUSTMENT		
US-M	US-W	SIZE			
16		LARGE	61		
15.5		LARGE	57		
15		LARGE	53		
14.5		LARGE	50		
14		LARGE	46		
13.5		LARGE	42		
13		LARGE	38		
12.5		LARGE	34		
12		LARGE	31		
11.5		LARGE	28		
11		LARGE	25		
10.5	11.5	MEDIUM	22		
10	11	MEDIUM	19		
9.5	10.5	MEDIUM	16	52	
9	10	MEDIUM	13	49	
8.5	9.5	MEDIUM	11	46	
8	9	MEDIUM SMALL	7	43	
7.5	8.5	MEDIUM SMALL	3	40	
7	8	SMALL	0	37	
6.5	7.5	SMALL		34	
6	7	SMALL		30	
5.5	6.5	SMALL		26	
5	6	SMALL		22	
4.5	5.5	SMALL		18	36
4	5	SMALL		13	32
3.5	4.5	SMALL		9	29
3	4	SMALL PEDI		5	24
2.5	3.5	SMALL PEDI		1	21
2		PEDI			18
1.5		PEDI			16
1		PEDI			13
13 C		PEDI			9
12.5 C		PEDI			4
12 C		PEDI			1
11 C		PEDI			-3
10.5 C		PEDI			---
10 C		PEDI			---

Y: YOUTH SHOE SIZE (6-10 YEARS)  
C: CHILDREN SHOE SIZE (1-5 YEARS)

CHOOSE SIZE FROM PATIENT FOOT WIDTH



ADJUST CALF SUPPORT ON PATIENT.  
SLIDE CALF UP <--> DOWN



ADJUST LENGTH TO SHOE SIZE.  
(SEE CHART ABOVE)  
RELEASE SET SCREW WITH  
7/64" HEX KEY INCLUDED.

AT-X QUICK SHOE FIXATION



ATTACH TIE-WRAP SOLIDLY IN EYELETS.  
**NEVER ATTACH AROUND THE LACES !**  
TRIAL WITH ROBUST SNEAKERS, RUNNING SHOES  
WITH MANY EYELETS AND BULKY SOLE.

\*\*\*SEE COMPLETE ASSESSMENT PROCEDURE ON THE BACK SIDE\*\*\*



**1** ASK THE PATIENT TO COME WITH AN EASY FITTING SHOE FOR FIRST TRIAL.

**REGULAR SNEAKERS, TENNIS SHOES:**

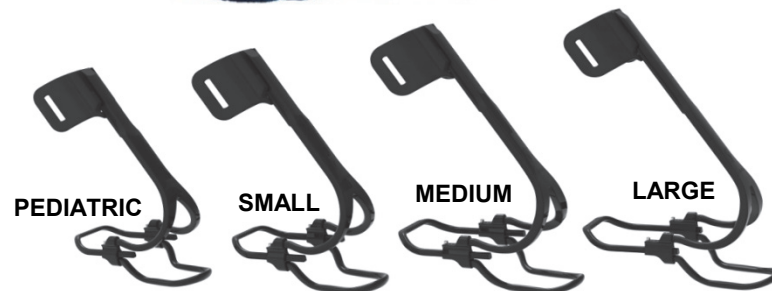
(A) MANY EYELETS TO ATTACH FRONT END OF THE BRACE.

⚠ (B) BULKY SOLE+RIDGES FOR HEEL FRICTION GRIP.

(C) ROBUST FABRIC, SUPPORTIVE FOOTWEAR.



**2** VALIDATE US SHOE SIZE & SELECT RIGHT AT-X SIZE.  
LARGE - MEDIUM - SMALL - PEDI (REFER TO SIZING CHART)



**ADJUST LENGTH TO SHOE SIZE & CALF HEIGHT.**

**3**



TO SLIDE FRONT END, RELEASE SET SCREW  
WITH 7/64" HEX KEY INCLUDED.  
(REFER TO SIZING CHART)



SLIDE CALF SUPPORT  
UP <--> DOWN



TO REMOVE,  
BEND IT UNTIL IT POP-OFF



ENGAGE CALF IN THE SLIDE TRACK. PUSH IT DOWN UNTIL  
THE LOCK TAB CLICK FLUSH IN THE LOCKING HOLE  
AT DESIRED HEIGHT.  
(YOU MAY NEED TO HIT IT DOWN GENTLY)

**4** ATTACH FRONT SECTION OF AT-X WITH TIE-WRAPS THROUGH EYELETS OF THE SHOE.



TIGHTEN TIE-WRAPS AT MAXIMUM  
SOLID FRONT FIXATION IS THE KEY  
TO MAXIMIZE BRACE BEHAVIOUR



**!! NEVER ATTACH TIE-WRAPS AROUND LACES !!**



**5**

ASK PATIENT TO DON THE SHOE & BRACE,  
ATTACH CALF STRAP AND START ASSESSMENT...

